

V Vegetarian
 Ve Vegan
 H Halal

Week 1



Monday

Gluten Free Pork Meatballs Farm Assured Pork Meatballs served with a Rich & Tasty Tomato Sauce

Cheese & Onion Puffs V

Baby Jacket Potatoes, Couscous, Broccoli, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Golden Shortbread Finger & Fruit Salad

Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roast Vegetables V Served in a Yorkshire Pudding & topped with Mature Cheese

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Garden Peas, Homemade Bread Selection

Apple & Rhubarb Crumble & Custard

Tuesday

Jacket Potato Bar - Beef Chilli, Curry, Cheese & Beans V, Tuna Mayonnaise

Macaroni Cheese Pasta Twists in a creamy homemade Mature Cheese Sauce V

Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Thursday

Homemade Sausage Roll Farm Assured Pork sausage meat encased in Puff Pastry or **Chicken Curry** Tender pieces of Chicken Breast in a Chef's Curry Sauce

Vegetable Pasty Seasonal Vegetables in a handmade pasty V

Jacket Wedges, Sweetcorn, Green Beans, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream

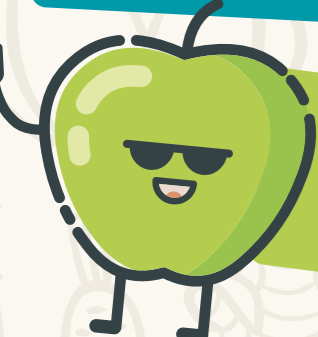
Friday

Battered Fillet of Fish White Fillet coated in a light batter or **Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumbs

Savoury Muffin V

Chips, Pasta Twists, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection

Homemade Cookie Selection



FUN FOOD FACTS

Apples float in water, because 25% of their volume is made of air. The most-grown apple is Red Delicious. Followed by Gala, Golden Delicious, Granny Smith, and Fuji.

Week 2



Monday

Pizza Bar Selection of Topped Pizzas with a Thin & Crispy Base V

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Oaty Flapjack

Thursday

Big Breakfast - Back Bacon, Farm Assured Pork Sausage, Free Range Scrambled Egg V

Homemade Vegetable Pasty Cooked Vegetables encased in Puff Pastry V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Homemade Bread Selection

Fruit topped Cheesecake



Tuesday

Beef Burgers Handmade Farm Assured Mince Beef Burger

Vegetarian Sausage V Ve

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Jelly with a Swirl of Cream



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Fish Finger Fillet of Fish coated in a Crispy Breadcrumbs or **Battered Fillet of Fish** White Fillet coated in a light batter

Savoury Muffin V

Chips, Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Fruit Muffins

Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Vegetable Parcels Roast Seasonal Vegetables encased in Puff Pastry V Ve

Roast Potatoes, Creamed Potato, Fresh Carrots, Cauliflower, Garden Peas, Homemade Bread Selection

Chocolate Sponge & Peppermint Custard

Week 3



Monday

Hot Dogs or Beef Burger Handmade Farm Assured Mince Beef Burger In a Soft Bread Roll

Vegetarian Sausage, Free Range Scrambled Egg V Ve

Potato Waffles, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Shortbread & Custard

Thursday

Chicken Curry Tender pieces of Farm Assured Chicken in a Chefs Curry Sauce or **Red Tractor Beef Bolognese** Farm Assured Mince Beef cooked in a Rich Tomato based Sauce

Vegetable Parcels Roast Seasonal Vegetables encased in Puff Pastry V Ve

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection

Fruit Muffins

Tuesday

Pizza Bar Selection of Topped Pizzas with a Deep Crust Base

Vegetable Crumble Seasonal Vegetables topped with a Oaty Wholemeal Crumble V Ve

Pasta, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Homemade Bread Selection

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

Wednesday

Traditional Roast with a Rich & Tasty Gravy Farm Assured Sliced meat

Oven Roast Vegetables Served in a Yorkshire pudding & topped with Mature Cheese V

Roast Potatoes, Creamed Potato, Fresh Carrots, Broccoli, Cauliflower, Homemade Bread Selection

Fruit Crumble & Custard

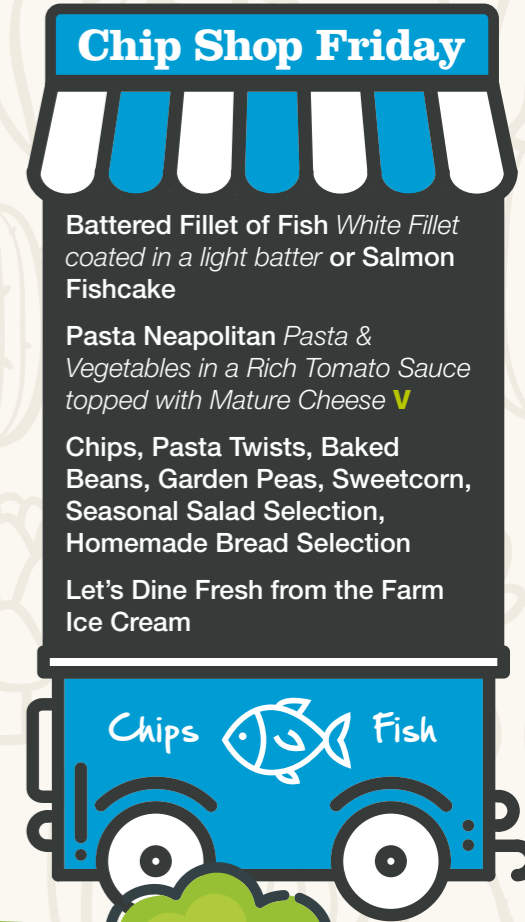
Chip Shop Friday

Battered Fillet of Fish White Fillet coated in a light batter or **Salmon Fishcake**

Pasta Neapolitan Pasta & Vegetables in a Rich Tomato Sauce topped with Mature Cheese V

Chips, Pasta Twists, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Let's Dine Fresh from the Farm Ice Cream



FUN FOOD FACTS

The word 'broccoli' is the plural of 'broccolo' which is Italian for the flowering top of a cabbage. According to a survey in 2009, broccoli is the sixth most commonly misspelt word in English.



Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.